



Leave arena in walk on a long rein at A

1	A X	Enter in working trot Halt, Salute Proceed in working trot
2	C HXF FK	Track left Lengthen stride in trot Sitting trot
3	KX	Leg yield right sitting trot
4	X X	Circle left 10m sitting trot Circle right 10m sitting trot
5	XH	Leg yield left sitting trot
6	C Before C C	Circle right 20m rising trot, allowing the horse to stretch forward and downward Shorten the reins Working trot
7	Between C&M	Medium walk
8	MV VK	Free walk on a long rein Medium walk
9	K A	Working trot Working canter left lead
10	A	Circle left 15m
11	FM MH	Lengthen stride in canter Working canter
12	HXK	One loop maintaining the left lead
13	FXH X	Change rein Change of lead through trot (3-4 steps)
14	C	Circle right 15m
15	MF FK	Lengthen stride in canter Working canter
16	KXH	One loop maintaining the right lead
17	C MXK KA	Working trot Lengthen stride in trot Working trot
18	A X	Down centreline Halt, Salute

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